

Why Elizabeth of Hungary? Elizabeth was raised to be a queen, but she found fulfillment in being a servant to all. She had a loving marriage with her husband and they chose to serve the poor and helpless.



Elizabeth Of Hungary

To the leader: This is a suggested plan of study, based on a 1 ½ hour meeting. Do as many activities as time permits. All meetings can be changed or supplemented by service activities, crafts and games as planned by the leader.

Third Meeting (see pg 8)

- Snack, prayer and fellowship time
- Talk about “Sweet Surprises”
- Make picture for “Sweet Surprises” and provide stickers to take home
- Tell the story of the Good Samaritan and answer questions
- Decide what service project to do at the next meeting
- Hygiene demonstration
- “Just for Fun” paint fingernails
- Sing Friendship Circle Song

First meeting (see pg 6 for detail)

- Snack, prayer and fellowship time
- Read or tell the story of Elizabeth and answer questions
- Draw a picture of Elizabeth
- Act out the story of Elizabeth
- “Just for Fun” princess manners
- Ask girls to dress a doll as Elizabeth for the next meeting
- Sing Friendship Circle Song

Fourth Meeting (see pg 9)

- Snack, prayer and fellowship time
- Share and discuss “Sweet Surprise” stickers they earned
- Review the story of the Good Samaritan
- Work on service project
- “Just for Fun” activities
- Save story and any

Second Meeting (see pg 7)

- Snack, prayer and fellowship time
- Make “Bread in a Bag”
- Review the story of Elizabeth
- Let girls share their dolls, take photos of them with their doll
- Sing Friendship Circle

Elizabeth of Hungary

Princess Elizabeth was born in Hungary. Her parents were the King and Queen. They loved Elizabeth and taught her to love Christ. The King and Queen of Hungary wanted their country to be friends with another country named Thuringia, so they promised that Princess Elizabeth would marry the Prince of Thuringia, who was named Ludwig (pronounced LOOD-vig.)



When Princess Elizabeth was still a little girl, she went to live with her new family. Thuringia was a land where toymakers made wind up dancing dolls, jumping jacks and beautiful Christmas ornaments. Woodcutters and gypsies lived in the dark forests. Little villages nestled in the valleys near monasteries where monks lived and prayed. When Elizabeth learned to read, she loved to read the Bible. She knew a great deal about the Lord. When she went to church, Elizabeth would take off her crown because she did not feel she should act grand and proud in the house of her Lord.



Princess Elizabeth and Prince Ludwig married and loved each other very much. Her husband was very kind. Elizabeth and Ludwig cared for the poor, the sick and the old. They had three beautiful children and their life was as happy as a fairy tale.



Once there was a great famine in the land. The crops had not grown well and there was not enough food for everyone. The royal family had a great deal of food at the castle, but the peasants did not have enough to eat. They were always hungry. Princess Elizabeth decided to take bread from the castle and take it to the hungry people. She wanted to help all of the people who were not as lucky as she was.



The Queen mother did not like Elizabeth to take bread to the poor people. She was afraid there would not be enough for the royal family. She told Elizabeth not to take any more bread from the royal kitchen!



Poor Elizabeth! She could not stop thinking about all of the hungry people. One snowy day, she disobeyed the Queen. She took some loaves of bread, hid them under her cloak and walked along the snow-covered road to the town to help the hungry people.



Oh no! The Queen was coming down the road towards Elizabeth!
The Queen said, "What are you hiding under your cloak, Elizabeth?"
Elizabeth was so frightened she did not know what to say. She blurted out, "I was picking roses in the garden."
"Hah!" said the Queen. "I don't believe you."
She pulled open Elizabeth's cloak. Beautiful roses tumbled out onto the snow! Elizabeth knew God had made this sign to show he approved of what she was doing.



A few years later, Elizabeth's beloved husband died of the plague on the way to the Holy Land. She cried and cried. She decided to follow the life of a nun. For the rest of her life, she lived a very humble and plain life. She worked hard to help the poor. After she died, miracles of healing occurred at her grave.



First meeting

Lesson Plan

Begin the meeting with time for snack, prayer and fellowship. An active game outside helps the girls unwind.

Talk about it!

Provide each girl with a copy of the Elizabeth of Hungary story to keep in her notebook.

Read the story showing the illustrations.

- What did Elizabeth like to do to help the hungry people?
- Why did the Queen tell Elizabeth not to take any more bread from the royal kitchen?
- What did the bread change into?
- What do you like about Elizabeth?
- How can you be like Elizabeth?

Enter the story!

Draw a picture of Elizabeth
You will need:



Crayons, pens and paper
Use lace, sequins and glue to embellish the picture.

Act out the story of Elizabeth

Children often like to re-enact the story several times, trying out all of the different roles.

You will need:

Props: Shawls or fabric for cloaks, crown, silk flowers, basket of bread or rolls

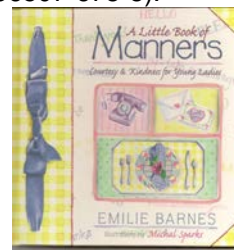
Action: Elizabeth is saddened to see poor peasants out in the snow, cold and hungry. She tells the queen mother that she is going outside for a walk.

Elizabeth takes some bread with her anyway. She goes to the peasants and starts to pass out pieces of bread.

Elizabeth sees the queen coming. The queen asks her what she has under her cloak. Elizabeth says she has roses that she was picking. The queen doesn't believe her and reaches for Elizabeth's cloak. Suddenly roses fall out (someone could toss roses from offstage.) The queen unhappily walks away. Elizabeth kneels down to thank God for the miracle.

Just for Fun

Learn some princess manners. Look for a children's book on manners such as *A Little Book of Manners* by Emilie Barnes (ISBN# 1-56507-678-8).



Allow the girls to wear some of the princess props while they practice their "princess manners":

- How to introduce friends to each other
- How to say hello when an adult greets you
- How to say goodbye at the end of a conversation
- What to say if you need to interrupt

For next meeting

Ask the girls to dress a doll up to look like Elizabeth and bring her to the next GFS meeting.

Friendship Circle Song

Second meeting

Lesson Plan

Begin the meeting with time for snack, prayer and fellowship. The girls may enjoy discussing a recent holiday and how they celebrated it.

Let's be like Elizabeth!

Make bread in a Ziploc bag



You will need:

- A clean surface to work on
- Clean hands!
- 1 (1/4 oz.) pkg. yeast
- 3 cups flour, divided, plus some extra for kneading
- 1 Tablespoon sugar
- 1 teaspoon salt
- 2 Tablespoons margarine, at room temperature
- 1 cup warm water
- 1 gallon self sealing zip-type plastic bag
- Measuring cups
- Measuring spoons
- Foil bread pan
- Non-stick cooking spray

It's fun to take pictures of this activity and paste them in the girls' notebook

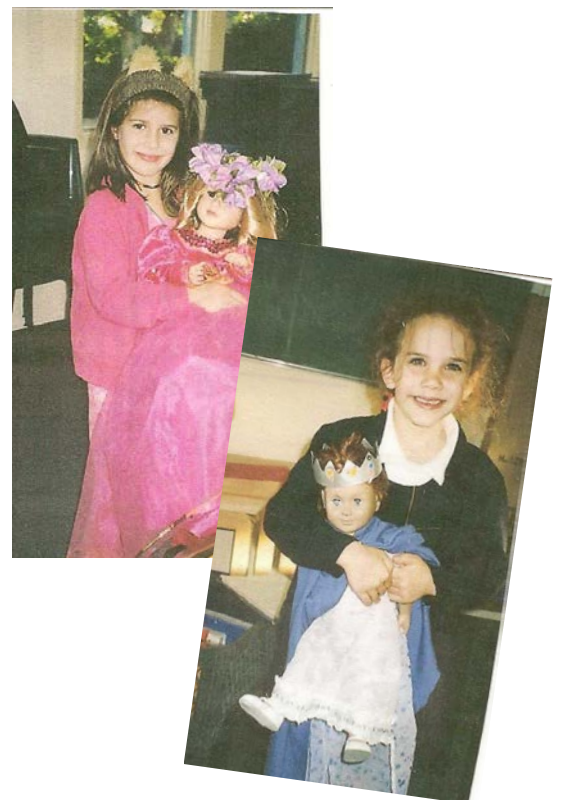
- a. Put yeast, 1 ½ cups flour, sugar and salt into the bag
- b. Add margarine and warm water. Press most of the air out of the bag and seal. Press and squeeze the bag with your hands until the dough becomes mixed. An adult should help make sure the dough is completely mixed.
- c. Open the bag and add the last 1 ½ cups flour. Seal the bag again and keep pressing and squeezing until the flour is worked into the dough. An adult will have to help with this step. Add ¼ - ½ cups more flour if dough is very sticky.
- d. Unzip the bag and let the dough rest for 20 minutes. (Do the **Enter the story** activity during this time.)

- e. Spray the pan with non-stick cooking spray. Squeeze the risen dough down. Then take the dough out of the bag and place it in the pan. Let the dough rest in the pan in a warm, but not hot, place to rise. The dough should double its size before baking. This will take about 1 hour.
- f. Allow the girls to take the bread home to bake with the following instructions:
 - Preheat the oven to 375 degrees. Bake the bread for 25-30 minutes. Remove the bread from the pan to cool on wire rack.

Enter the story!

Review the story of Elizabeth with the girls. Allow them to share the dolls they dressed up to look like Elizabeth. Take photographs of the girls and their dolls to paste in their notebook.

Friendship Circle Song



Third meeting

Lesson Plan

Begin the meeting with time for snack, prayer and fellowship. The leader may ask the girls to share about school.

Sweet Surprises

In some families, helping your mother or father without being asked is called a "Sweet Surprise." Watering the plants, putting away your dishes, taking out the trash-these are "Sweet Surprises."



You will need:

Crayons and paper

Stickers

Optional: Picture books on this topic are available, such as *Corduroy's Sweet Surprise*

Ask the girls to draw a picture of them helping their parents. Give the girls stickers to take home. Explain to parents to put the picture on the refrigerator. Every time they see their daughter do a "Sweet Surprise", add a sticker or draw a star on their picture. Ask them to bring it to the next GFS meeting to share!

The Bible tells me so

The Story of the Good Samaritan is found in Luke 10. Use Children's Bible to tell the story of the Good Samaritan.

Talk about it!

- What happened to the man who was walking down the road?
- Did the priest help him?
- Did the temple worker help him?
- Did the stranger help him?
- Who was the good neighbor to the hurt man?
- What would you do?

Be a Good Samaritan!

There are many ways young children can help others in their community, such as:

- Collect unopened toys from fast food restaurants to children's hospitals.
- Draw a picture to send to a soldier overseas.
- Collect used clothing to give to a children's home.
- Decorate a card for someone who is sick or lonely.
- Tie a fleece blanket for someone in the parish who is sick. (See instructions meeting #4).

Decide which service project to do at the next meeting.

Princess Hygiene

Set up a demonstration for the girls to learn about daily hygiene.

Bring: Face soap, body soap, nail scrubber, wash cloth and small towel, toothbrush and toothpaste, nail clipper and file, and hair brush and comb.



Discuss daily hygiene at an appropriate level for the girls. *The Care and Keeping of You* from the American Girl Library, (ISBN 1-56247-666-1) is a good reference. However, parts of the book are only appropriate for teenage girls.

Just for Fun

Paint fingernails in pretty colors.



Friendship Circle Song

Fourth Meeting

Lesson Plan

Begin the meeting with time for snack, prayer and fellowship. Discuss the "Sweet Surprises" the girls did at home for their families. Share their "Sweet Surprise" pictures.

Be A Good Samaritan

Review the story of the good Samaritan from meeting three.

Work on a one of these service projects listed in the meeting 3 lesson plan. The girls can enlist their parish to help by making posters or announcements in church.

To tie a fleece blanket, you will need:

Two pieces of fleece the same size. Piece may be the same pattern, two different patterns, two plain colors or a pattern on one side and a plain color on the other.

Scissors (sharp ones)

Tape measure or ruler

one 4" x 4" piece of paper

No sew fleece blanket instructions:

1. Take your two pieces of fleece. Put one piece on top of the other lining up the edges so they are even. (one side will be the front and the other side will be the back of your blanket)
2. Trim off any selvage around the edges of your fleece (try not to cut in more than 2 inches) * Remember you need to try to cut straight, but it doesn't have to be perfect.
3. Take your piece of 4"x4" paper lay it on the corner of your blanket. Then cut out the corner through both layers. Proceed to do this on all four corners.



4. Now you are ready to cut your fringes. Cut 4 inches into both fleeces at 1" wide. I found it easier to lay a tape measure across from the corner of the cut out corner to the other.
5. Your fringes don't need to be 1" exactly, just try to keep them the same size. (You don't want to have one fringe 1" and the next one 2".) Proceed to cut 1" intervals on all four sides.
6. Starting on one side tie over hand knots (using one fringe from each fleece.) Tie these knots on every other fringe around the entire blanket.
7. Then flip the whole blanket over and tie the remaining knots until your blanket is complete. (This helps your knotted ends look perfect.)
8. Some prefer to only tie one knot, but I like to double knot them. This helps them from coming untied especially in the wash.



Just for Fun!!

Celebrate all they have learned with some "princess activities".

- o Eat princess snacks (pink cupcakes, cut up fruit and/or marshmallows.)
- o Decorate a crown to wear.
- o Read *The True Princess: What makes someone a true princess in Jesus' eyes* by Angela Elwell Hunt (ISBN#1-55513-760-1)

Friendship Circle Song